



ON COURT

Volume 1 Issue 2

May 2010

President's Update:

By: Gillian Turnbull

Well the season is under way and after a very wet start on clean up day we were able to get the club in ship shape over the following week. Thank you to all those people who came out to help. The back storage area I don't think has ever been cleaned like that before and we were able to make a number of trips to the dump.

Although the season has had good start weather wise we have some sad news to report. One of our members, Steve Brady, collapsed on the court 2 days after opening day. The members at the club organized themselves into action providing CPR until the paramedics arrived. Steve was in intensive care at KGH but died 2 days later. He was a keen tennis player in the community both at Matchpoint and recently at the KTC. Our heartfelt sympathy goes out to his wife Margaret and his family.

This is the second time within a year that we have had to call the emergency services and we have taken some measures to insure that we are prepared to deal with medical emergencies. All our stewards and camp staff are trained in Emergency First Aid and we are in the process of purchasing a defibrillator to have at the club.

We are requesting a few things of members for their safety:

- We encourage you to carry a cell phone to the court you are playing on. If you have to call for help they are more mobile than relying on the landline in the office when the emergency may be at the other end of the club property.
- Please make yourselves aware of the Club address - 45 Napier Street - this is the first question the emergency services will ask when you call them for help. We are looking into getting a large number sign at the entrance to the club. It would also be handy to have someone outside at the roadside to direct the rescue workers.
- If an emergency arises and there is no steward on duty, even if you are not CPR trained there are several things you can learn about how to care for an injured person. I would encourage

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May Events

**Thursday
May 6th**

KCVI Get Active:

Students will be at the club for part of their "Get Active" program. The students will be using the back 3 courts from 9-11.30 am but should not interrupt regular play.

**Saturday
May 8th**

Open House

Our ever popular Open House - a fun day for members and non members to come down to the club to learn more about our Summer activities. Refreshments will be supplied.

**Friday
May 14th**

Social

Keep this evening open for our first Social of the year. John Fielding and helpers are planning an Italian Night to kick off the social calendar at the club. This social is free for all new members to the club - \$10.00 for us oldies - but still a bargain. No need to have a partner or a backhand for these events. Just come down to the club and have some fun.

**Tuesdays
May 18th
& 25th**

KASSA & EOSSA Championships

As the Queen's West Campus courts are closed for play this year we will be hosting these events. As a result the courts will be closed to members for general play on these 2 days.

May 29th

Tennis for Heart

A new event to the club - "Tennis for Heart". This is a joint fundraiser for the Heart and Stroke Foundation and we are hoping that part of the proceeds will go towards purchasing the defibrillator. More information can be found on the website and pledge forms are available in the office. Alternatively you can go to www.fitforheart.com

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you to go to a reputable website to learn basic first aid or even better consider taking a First Aid course offered in the city.

- Although we have not requested it before, an emergency contact number kept on your file at the club would be useful.
- The Club does have a basic First Aid kit which is kept in the office. The steward would be able to supply you with it should you need anything. It does contain a mask for rescue breathing and protective gloves among other things.
- When you park your car at the club along Napier St, even though parking is limited, please leave enough space from the car in front or behind so that people (and a stretcher) can get through the space.
- Finally, although not mandatory, as tennis is a very active sport we would encourage members to have regular medical checkups if they do have a medical condition that may lead to difficulties on the court. This is as much for your protection as anything else.

I was recently privileged to receive the 2009 OTA Achievement Award from the Ontario Tennis Association on behalf of the club. This award was in recognition of our outstanding contribution to Tennis in Ontario. The award will be displayed at the club to add some spark to the walls.

Check the list of upcoming events so you don't miss anything. See you at the club Gill.

Online Booking

The online booking system is likely to be very popular this year, with 77 members already signed up as of May 1st, after a week that actually featured some snow! Getting signed up is quick, and most people, having received their password within hours, find it easy to use. An early issue where family members weren't at first able to use the same email address has now been resolved.

If you haven't signed up go to the Kingston Tennis Club Web Page www.kingstontennisclub.com and then in the menu bar go to "Services", and click on "Book Online".

Shot of the Week:

By Andy Rogall

Due to its popularity we will once again be running the "Shot of the Week" this year. For those of you who aren't familiar with the program, it is a chance to sign up for single lessons and work on a specific stroke.

No commitment to multiple lessons is needed. Please call the steward (613-542-2467) if you wish to sign up for a certain week. Cost is \$10 per lesson.

Lessons are scheduled as follows:

1. Forehand
Monday, May 3rd, 6:30-7:30 pm
2. Backhand
Monday, May 10th, 6:30-7:30pm
3. Forehand Volley
Monday, May 17th, 6:30-7:30pm
4. Backhand Volley
Monday, May 24th, 6:30-7:30pm
5. Approach Shot
Monday, May 31st, 6:30-7:30pm
6. Serve
Monday, June 7th, 6:30-7:30pm
7. Return of Serve
Monday, June 14th, 6:30-7:30pm
8. Overhead
Monday, June 21st, 6:30-7:30pm

Please direct any questions to Andy at 6ar11@queensu.ca

Junior Clinics/Tournaments

Starting Saturday May15 – Aug.28
(Need minimum 20 juniors to run the full season)

When

Every Saturday except for weekends when other club events are scheduled.

10yrs to 13 yrs. 11:30 to 1:30
14 yrs to 18 yrs 1:30 to 4:30

Cost

Members \$60 for season
Non-members \$70 for season

Leagues & Drop in Tennis

By Bud Nelson

The Signup sheets for the first rounds of all the leagues are now upstairs. These will not start until after the club's Open House, in order to give members every opportunity to get their name in.

Mixed Singles: Many people have already indicated on their application forms that they want to join the Singles league, but it's always best to double-check the signup list upstairs. This league can be joined at any point in the season, either by speaking to me or a steward. PS. if you checked it off on your form, but don't want to start until July, please tell the steward to cross you off, and join later. I hear that players get a little aggravated (?) when someone is in their group that has no intention of playing.

Advanced Doubles (Tuesday Nights) and **Intermediate Doubles** (Wednesday Nights) **Leagues.** If you are unsure about your current level of play, or are new to these leagues, you should probably talk to me before you sign up. The self-rating minimums are posted on the signup, but are obviously not foolproof when it comes to self-evaluation.

Remember: If you do not pay at time of signup for a Doubles session, you are taking a chance at being bumped off the main list, as those that pay get first dibs to the 24 spots available. (Them's the rules!)

Re: Emails and alternate phone numbers on the league printouts. Either or both of these can be printed but, in interests of privacy this is not done unless you give us express and ANNUAL indication that it is OK to do so. Again, provide this on the sheet at the club.

Drop-In Doubles are still scheduled for every Friday evening; expect when there is a Social or Tournament.

Daytime Drop in Doubles is a new event this year on Monday mornings. This is primarily for new members to the club who are looking for a game and to meet people to play with. It runs from 9.30 to 11.30am. However anyone who just wants to play is welcome to come down and we will find you a partner.



Socials

By John Fielding

Begin the tennis season at the KTC with a Social Doubles on **Friday May 14 beginning at 5:30.** We will play three or four, depending on how hungry you are, half hour rounds of friendly doubles before enjoying an Italian dinner of lasagna, salad, foccacia and real Italian cookies made by me and I am not even Italian. As always it is byod (drinks), we supply the balls, a limit of 24 not including me and anybody else who wants to help. Come out and meet new people and join old tennis buddies for an enjoyable evening of social tennis and good food all for only \$10.00.

Our biggest event for May is not only Tennis but also an important fund raiser – The 1st **Annual Kingston Tennis For Heart Tournament/Fun Day will take place on Saturday May 29.** Everyone is welcome; all you need is \$50 worth of sponsors to take part. Register on line at www.fitforheart.ca or by phoning the Heart and Stroke office at 613-384-2871 or picking up a registration package at the Club on Napier Street. The day will consist of different activities on four courts and fun doubles on three courts (Queen and King of the Court). Our Pros/Instructors will be there to guide us through the day as we take part in different tennis skill activities and rack up points towards fun prizes. Food and friendship will also be available. This great new event is open to KTC members and your friends who are not members – a super chance to introduce them to the wonderful game we love. Don't miss this exciting and important day of tennis, fund raising for an important cause and an opportunity to meet fellow tennis enthusiasts.

Infrastructure:

By Erling Amson & Bud Nelson

With the courts now all refinished we have concentrated on the other things that need to be done at the club. Before the club opened for the 2010 seasons we have.....

1. Done significant trimming of overhanging branches on to the courts
2. Put up new court number signs on all courts
- Redone the washroom and club house office
3. Repaired the practice wall

If you have any suggestions for repairs or maintenance please let either Bud or I know.